

Parents Forum LOGIC MODEL

September 2024

Problems

- All parents and caregivers experience some stress, anxiety and isolation.
- Many have difficulty communicating in an emotionally honest way and managing conflict.
- Some lack the knowledge and skills to provide safe, stable and nurturing homes for their children.
- Children and young people today experience more—and more severe—behavioral problems and mental health issues.
- Parenting education is widely stigmatized.

Inputs

- **Parents Forum** licenses program to partner school, social service agency, clinic, employer or other community entity.
- Partner distributes program materials to parents and caregivers, media and community stakeholders.
- **Parents Forum** trains partner staff and volunteers to facilitate program workshops.
- Other stakeholders and community leaders support **Parents Forum** programs.

Outputs

- Facilitators present **Parents Forum** workshops and organize other program activities.
- Facilitators and participants develop greater facility in expressing feelings and managing conflict.
- Participants gain parenting skills and knowledge, view their involvement positively and participate regularly.
- Media report on the benefits of **Parents Forum** activities for participants and for the community.

Outcomes

- Parents and other caregivers report less stress, anxiety and isolation.
- Participants gain confidence and competence in parenting and in managing conflict in daily life.
- Participants' children show greater social-emotional competence, as reported by parents and teachers.
- Broad community support normalizes participation in **Parents Forum**.

Impacts

- As their stress, anxiety and isolation lessen, parents experience greater wellbeing.
- Parents are better able to create safe, stable and nurturing homes.
- With improving support at home, children also experience greater wellbeing and achieve more, in and out of school.
- **Parents Forum** becomes an accepted and valued community institution.