

# Parents Forum LOGIC MODEL

## Problems

- All parents and caregivers experience some stress, anxiety and isolation.
- Many have difficulty communicating in an emotionally honest way.
- Some lack the knowledge and skills to provide safe, stable and nurturing homes for their children.
- Children and young people today experience more, and more severe, behavior problems and mental health issues.
- Parenting education is widely stigmatized.

## Inputs

- Parents Forum provides materials to host school or agency, media and other community stakeholders.
- School or agency licenses Parents Forum and distributes program materials to parents and caregivers.
- Parents Forum trains local agency coordinators to facilitate Parents Forum workshops.
- Other community stakeholders and partners commit to supporting program activities

## Outputs

- Coordinators present Parents Forum workshops to parents and caregivers.
- Coordinators and participants acquire tools to express feelings and manage conflict.
- Parents and caregivers gain parenting skills and knowledge, view their participation positively and attend regularly.
- Other stakeholders support -- and media report on -- program activities and benefits.

## Outcomes

- Parents and caregivers report less stress, anxiety and isolation.
- Coordinators and participants gain confidence and competence in parenting and greater ability to manage conflict in their daily lives.
- Participants' children show greater social-emotional competence, as reported by parents and teachers.
- Community support normalizes parents' participation in Parents Forum.

## Impacts

- As their stress, anxiety and isolation lessen, parents experience greater wellbeing.
- Parents are better able to create safe, stable and nurturing homes.
- With greater support at home, children have fewer problems and achieve more, both in and out of school.
- Parents Forum becomes an accepted and valued family support institution.